

Money Matters

Energy Medicine Solutions for Correcting & Creating the Flow of Money

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New addendum: What if Money Was the Root of All Love



“In the morning when you wake up, none of you stand out on your porch frantically breathing in because you are afraid that later in the day there will be a scarcity of air. You breathe in and you breathe out and think nothing of it. What we want to get you to understand is that it is the same thing with dollars (or anything else), there is no need to go out and hold your breath in an attempt to hold on to the air in case there is a later lack. You are all MUCH closer to a financial fortune right now than you are even willing to dream about for fear that you will be disappointed if it does not come.”

--- Abraham - Hicks

Many people are waiting for prosperity. It cannot come in the future. When you honor, acknowledge, and fully accept your present reality – where you are, who you are, what you are doing right now – when you fully accept what you have got, you are grateful for what you have got, grateful for what is, grateful for Being. Gratitude for the present moment and the fullness of life now is true prosperity. It cannot come in the future. Then, in time that prosperity manifests for you in various ways.”

--- Eckart Tolle

“If one advances confidently in the direction of his dreams and endeavors to live a life which he has imagined, he will meet with success unexpected in common hours. He will put some things behind, will pass an invisible boundary: new, universal and more liberal laws will begin to establish themselves around and within him, or old laws will be expanded and interpreted in his favor in a more liberal sense, and he will live with the license of a higher order of beings.”

--- Henry David Thoreau

Money is a system of energy that operates according to perceptions and beliefs we have placed on it.

--- Carol Tuttle

For the Love of Money

“Money is the visible sign of a universal force, and this force in its manifestation on earth works on the vital and physical planes and is indispensable to the fullness of the outer life. In its origin and its true action it belongs to the Divine.”

---Sri Aurobindo

I love money. I love the fun it brings. I love the stuff I can buy. I love the places I can go. I love the classes I can take. I love paying my bills. I love paying my taxes. I love meeting payroll. I love balancing my checkbook. I love counting money, spending money, saving money, giving money, receiving money... I LOVE MONEY!

Most everyone you meet is frightened by money. It weakens them. It contracts them. Talking about current global money issues depletes them. They are freaked when bills arrive. They are freaked when they pay them. Their credit cards scare them. They are afraid of losing a job they hate. They are afraid of having no money in their old age. They are afraid of others who have more money than they do. They are afraid of never having enough money. They are afraid of money.

Some have separated themselves from money flow because they believe it is not spiritual. Some believe that money is a low vibration. Some only experience tension and sorrow when money comes into play. They fight with spouses and siblings and parents and neighbors and, and, and, about money.

Some see poverty as noble and wealth as loathsome and soulless. Others see the poor as onerous and view the wealthy with an envious eye.

Hoping to relieve their fear and strain, some have studied the Law of Attraction and found only discouragement. “The Secret -- It works for everyone else but me”. I hear that a lot.

I have witnessed a lot of suffering around money. People suffer terribly around money issues.

This class will ease your suffering and develop your true money consciousness. The consciousness you were meant to have, not the current consciousness that is tattered and torn from fear and lack and hurt. Working through money issues expands the personality. You will understand that mastering money results in comfort and growth and freedom and compassion and understanding. Working through one's money issues brings us face to face with ourselves. It is the ultimate catalyst for triggering all the positive and good imaginable. Money concerns are soul's concerns.

It thrills me to have fallen in love with money. I want you to love money too.

“You can’t make it through the physical plane with out money...it is a fact that without money you cannot be free. Poverty is a restriction, and as such, it is the greatest injustice you can perpetrate on yourself”

Stuart Wilde from *The Trick to Money is Having Some!*

Let's face it

MONEY MATTERS!

Exactly how much money is there?

Ira Glass, who writes **THIS AMERICAN LIFE** for NPR, did a story that aired spring '08. It is called the **Global Pool of Money**. It is a fascinating exegesis about the housing market collapse. Glass, and co-reporter Adam Davidson, while researching the housing crisis, uncovers what can only be described as a large-scale savings account called the **Global Pool of Money**. The following snippet of transcript is heavily edited (by me for space sake). It can be read in its entirety at www.thisamericanlife.org. The CD of the radio program is also available.

Adam Davidson: The global pool of money. That's where our story begins. Most people don't think about it but there's this huge pool of money out there, which is basically all the money the world is saving now. Insurance companies saving for a catastrophe, pension funds saving money for retirement, the central bank of England saving for whatever central banks save for. All the world's savings.

Ceyla Pazarbasioglu: It's a lot of money. It's about 70 trillion.

Adam Davidson: Ceyla Pazarbasioglu is the head of capital market research at the International Monetary Fund, the place to go if you want know how much money is in the world.... Let's put 70 trillion dollars in perspective. Do this. Think about all the money that people spend everywhere in the world. Everything you bought in the last year, all of it. Then add everything Bill Gates bought. And all the rice sold in China and that fleet of planes Boeing just sold to South Korea. All the money spent and earned in every country on earth in a year: that is LESS than 70 trillion, less than this global pool of money.

Alex Blumberg: Wow, that is a lot of money.

Adam Davidson: It is a lot of money. And that money comes with an army of very nervous men and women watching over the pool of money: investment managers. This army is nervous because they don't want to lose any of that money and they also want to make it grow bigger. But to make it grow, they have to find something to invest in. So, for most of modern history, they bought really, really safe, really boring investments: things called treasuries and municipal bonds. Boring things. But then, right before our story starts, something changed, something happened to that global pool of money.

Ceyla Pazarbasioglu: This number doubled since 2000. In 2000 this was about 36 trillion dollars.

Adam Davidson: So, it took several hundred years for the world to get to 36 trillion. Then, in six years, to get another 36 trillion.

Ceyla Pazarbasioglu: Yeah. There has been a very sharp increase. (DUH!)

**THERE ARE 7 BILLION PEOPLE ON THE PLANET.
7 BILLION PEOPLE "SHARE" A SAVINGS
ACCOUNT OF 70 TRILLION DOLLARS. YOU DO
THE MATH*
WHAT THIS MEANS IS:
THERE IS ENOUGH MONEY FOR EVERYONE
ON THE PLANET!**

*The world's average income is \$7000 per person - total world income divided by total number of people - is about \$7,000. However, only 19 % of the world's population lives in countries with per capita incomes at least this high. (The Boston Globe 10/7/11). So in a world where 81% of worlds population makes \$500 or less per year, there is a Giant Pool of Money—literally a world savings account with over \$10,000 for every man, woman and child on planet.

Exactly how long has there been money...

Barbara Wilder writes in her book, **Money is Love: Reconnecting to the Sacred Origins of Money**, that when metals were introduced around **4500 BCE**, money -- in the form of grain and food -- had existed for 1000's of years. Practicality spurred the use of coins as money around **3000 BCE** (p. 20-29). You just could not haul around a bunch of grain and tomatoes and chickens anymore... just too cumbersome.

So it seems safe to say that money has been around for thousands of years and that money currently exists in superlative quantities that are difficult to imagine.

Definition of Abundance: an overflowing fullness, a great plenty, profusion, copious supply, richly supplied. A term that applies when an individual can obtain all the goods they want without cost. If a good is abundant, it is free. (Google search on define abundance)

**Everything is energy. Einstein said it.
Physics supports it.
So if everything is energy that means money is
energy too.**

NOW IF YOU DO NOT CURRENTLY SEE YOURSELF
AS A PART OF THIS GREAT POOL OF ENERGY
WEALTH, THINK OF THIS:

**“MOST LARGE FINANCIAL
TRANSACTIONS TRAVEL BY
SATELLITE COMMUNICATIONS.
BILLIONS OF DOLLARS ARE FLYING
THROUGH THE AIR AT CLOSE TO
THE SPEED OF LIGHT... THOSE
SIGNALS...ARE CONSTANTLY
MOVING THROUGH YOUR BODY.
RIGHT AT THIS MOMENT...THERE IS
ENOUGH MONEY PASSING THROUGH
YOU TO KEEP YOU IN CLOVER FOR
THE REST OF YOUR DAYS”**

(Wilde, *The Trick*... p. 6).

**Ok, if there is plenty of money, and if money is energy that is constantly
swirling around me and dancing on the ethers, why am I still behind on my
mortgage? Why do I have to borrow money to meet payroll? Why do I have to
drive an obnoxiously horrible car? Why do I have to work until I die?**

Why don't I have my piece of this huge energy pie?

Maria Nemeth, PhD has written a brilliant book called ***The Energy of Money***. Dr. Nemeth discusses, with a fair amount of disdain, the Law of Attraction movement. She feels that the concept that all you have to do is ask and it magically appears is misunderstood. “For instance, your lawn doesn’t get mowed simply by your dreaming about it; somebody actually has to push the lawn mower” (p. 20). She states later that “...these ideas don’t have any promises attached to them yet; they simply are ‘puffs’ of energy, starting to take form and floating around us as we think about them...if I hold positive thoughts about prosperity, money will just start pouring into my life...this kind of thinking is called ‘**metafizzling**’”(p.22).

There is a lot I am in disagreement with Dr. Nemeth with. However, what I think is profound about her work, and why I recommend her book is this: Dr. Nemeth makes the distinction between a **Physical Reality** and a **Metaphysical Reality**.

Physical Reality: Energy that is coalesced into objects that have form and density.

Metaphysical Reality: Energy has not been solidified into form. It is free flowing and unbounded.
Whatever exists here is intangible and cannot be measured by physical means.

Metaphysical Reality

“I WANT A HOUSE”



Border between Metaphysical and Physical Realities



Physical Reality

“I HAVE A HOUSE”

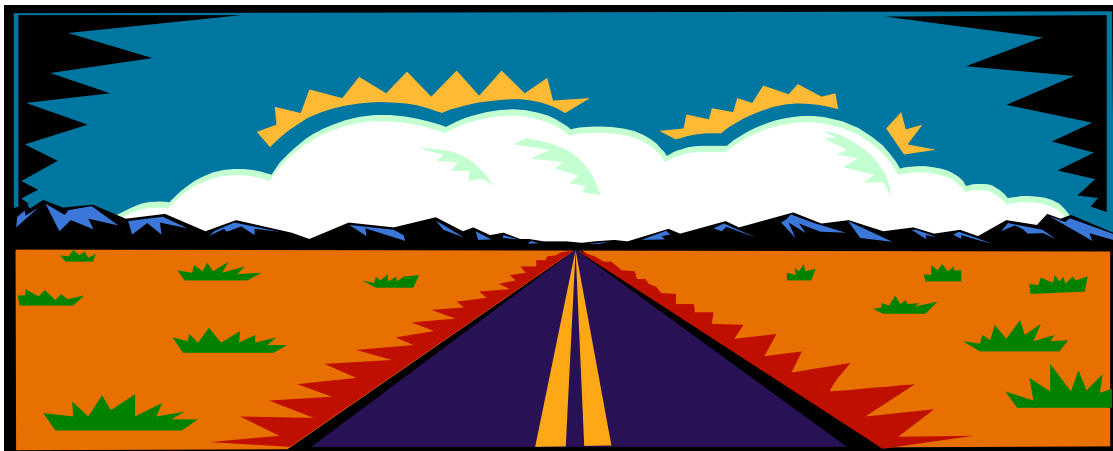
**ALL PHYSICAL REALITIES MUST
ORIGINATE IN THE METAPHYSICAL.**

**THERE IS NOTHING THAT EXISTS IN THE
PHYSICAL THAT DID NOT ORGINATE IN
THE METAPHYSICAL.**

NOTHING. NO EXCEPTIONS.

**ALL METAPHYSICAL REALTIES MUST
CROSS THE BORDER IN ORDER TO
BECOME PHYSICAL REALITIES.**

**IF YOU HAVE DIFFICULTY MANIFESTING
YOU HAVE BORDER TROUBLES.**



**Abraham Maslow's
Hierarchy of Needs
published in 1943 in his paper
*A Theory of Human Motivation***

“What a man can be, he must be.”



Maslow's theory suggests that the most basic level of needs must be met before the individual will strongly desire (or focus motivation upon) the secondary or higher level needs.

A Three Factor Operational Definition of SELF-ESTEEM*

Self-Esteem could be defined as: What our unconscious believes to be true about how worthy, lovable, valuable and capable we are.

Our self-esteem is very dependent on factors within our environment. It is formed as a result of our years of experiences (especially the early ones). It could be said that one's eyes and ears record the messages they receive from others, especially those most important to them. Because one's unconscious accepts all words and emotions as facts no matter how legitimate or based in reality, one's self-esteem is being continuously constructed and reconstructed by what is encountered in the mirror of others verbal and non-verbal messages

Research into the nature of self-esteem produces three factors that strongly correlate with self-esteem. Each of the factors/components outlined below is separate but interrelated. In the attempt to better understand and/or promote self-esteem in oneself and others, addressing these three components can help clarify our efforts.

INTERNAL LOCUS OF CONTROL: This factor is defined by one's sense of internal causality and orientation toward personal responsibility. The more internal our LOC, the more we feel like our destiny is in our own hands. It could be contrasted to seeing life as a series of accidents or "things that happen to us."

It comes from: recognizing that our actions result in consequences, seeing cause and effect relationships related to success and failure, being given power and control with an expectation of using them responsibly.

SENSE OF BELONGING AND ACCEPTANCE: This factor reflects how much one feels wanted and a part of the group, and how much one likes and accepts themselves as they are. The more one feels accepted and acceptable, the more they are able to express themselves, act authentically and be fully present to others. Self-acceptance could be contrasted to self-aggrandizement or a compulsion to please.

It comes from: accepting messages from VIPs (including self-talk), practicing a positive approach and attitude, experiencing emotional safety, and the ability to separate our performance from who we are.

SENSE OF COMPETENCE: This factor relates to one's self-efficacy or how "good at things" one thinks they are. Our unconscious is getting continuous data related to our relative level of competence. If we interpret our experience as progress and/or success we become more confident and more inclined to take risks in the future. Success breeds success. This sense of competence could be contrasted to a defeatist attitude or the need to brag/show off. It comes from: achievement, taking risks that pay off, having special talents, recognition of those talents from others, and others' constructive feed back.

*from the California State Classroom Management Curriculum, Dr. John Shindler, calstatela.edu

Case Study:

Dave Plank is a 63-year-old corporate trainer. Dave is coming to the end of an illustrious and very lucrative career in the computer consulting business. Dave developed an innovative training process that is exclusive to his company. This material is very sought after in his industry. Dave has more business than he can handle. Despite how in demand Dave is, he would like to slow down and semi-retire

On a personal level, Dave is a control freak. He is a perfectionist and a constant worrier. While this may fair well with clients, it has wreaked havoc on his personal life. He has a son with a mental illness and Dave has struggled all his son's adult life with trying to get his son to get better, be independent, and find meaningful employment. It is the first painful thing on his mind in the morning and keeps him awake at night.

To anyone looking in on Dave –no one would think he had a money worry. He is wealthy. Dave could easily set up a trust fund for his mentally ill son and retire. But Dave does not retire. He continues working. Dave believes he has to work to support his son who has a wife and a small child. He feels he just cannot stop working. He feels vulnerable financially and just keeps on working.

Dave is a conservative Christian. I point out to Dave that his prayers have been missing the mark. He is telling God that his son has got to heal so he can stop working so hard. At my urging, Dave begins to pray about his own control issues and worry issues rather than asking God for his son to change. Dave begins to work on his own border issues. He stops telling God what to do – fix his son – and begins to work on himself. He leans on his faith and prays for help. He consults friends in a prayer circle. Dave begins to see how the control he has wielded over his son is weakening him. He sees where his control issues drove his first wife away.

He takes a leap of faith and cuts down on his work to two weeks a month and with the extra time Dave develops someone to fill his shoes with clients. Dave books his new trainer and is able to keep a percentage of the trainings. This percentage easily pays his son's "salary". Dave begins to work less and more money rolls in to care for his son.

Dave freed up the blocks at his border between the physical and the metaphysical and his desire to semi-retire and care for his son financially became a reality.

Dave faced and healed his own energy leaks and the money showed up as he healed. He never needed to worry. He never needed to control. All was taken care of when he began to learn trust and flow as opposed to worry and control.

Energy homework for Dave:

2x/day Daily Energy Routine

1x/day sedate Stomach to help manage worry and build trust

1x/day Mellow Mudra for releasing stress via Large Intestine & Lung and Frontal Lobes

Energy therapy at the office:

Worked on Kidney for flow and fear – usually sedated

Worked on Large Intestine for acceptance – usually sedated

Worked on Stomach for building Trust – sometimes sedated... sometimes strengthened

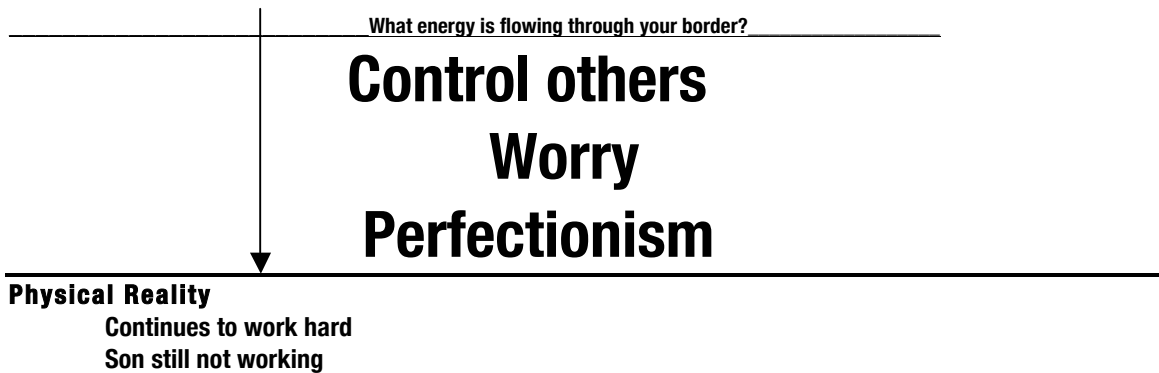
Vortex work over eyes and forehead.

Two levels of Priority Fear Work.

Dave's Border before treatment

Metaphysical Reality

I want my son to heal so he can get a job so I can stop working so hard to support him.



Dave's Free & Clear Border

Metaphysical Reality

I want to trust that my son is cared for
I want to work less



How to begin to clean up your border issues

Here is how this works.

Make a manifesting statement... one that is still in the metaphysical...

"I want a spouse."
"I want a better paying job."
"I want to go to Paris"
"I want a new house."

Energy Test.

If Weak on Manifesting Statement:

Go straight to the PRIORITY FEAR page, #15, and follow directions.

If Strong on Manifesting Statement:

but the desire has not appeared in the physical... yet... go to the ALARM POINT page, #13 & 14, and test the statement against the alarm points. What emotional energy is sitting on your border?

Ex. If test weak on Kidney alarm and Stomach alarm, there is fear and worry on your border.

If Strong on Manifesting Statement & Alarm Points:

But the desire has not appeared in the physical... yet...Go to VORTEX page, #16 -18, and follow directions.

If Strong on Manifesting Statement & Alarm Points & Vortexes:

What are you doing here you big show off! You buy lunch for the whole class, OK? OK!

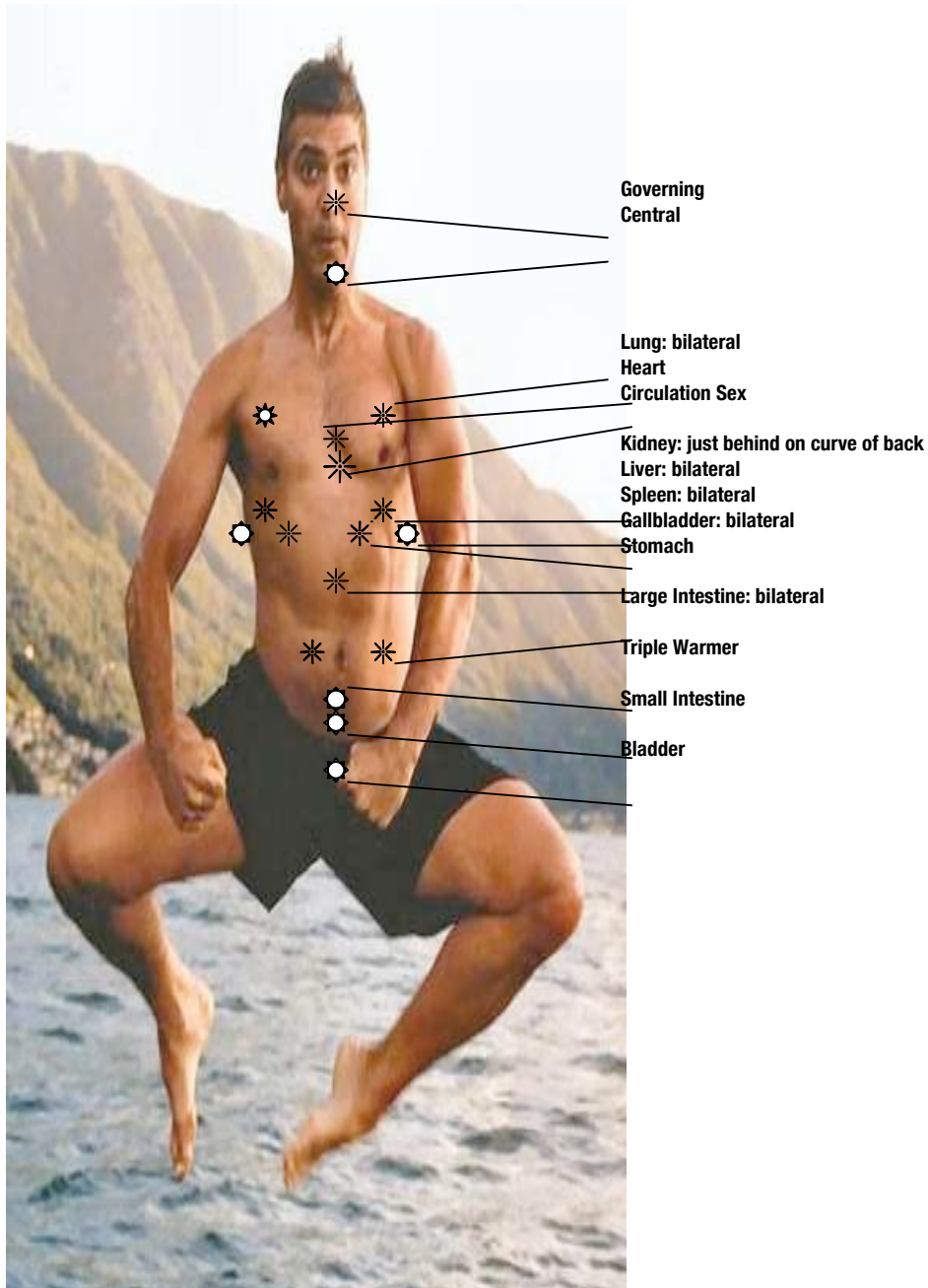
You may be weak on all three...

just treat all three until you test strong and balanced.

Your border issues can be:

Priority fear issues
or
Meridian issues (alarm points)
or
Vortex issues
or
A combination of all of the above

Alarm Points



How to use alarm points for money issues

Remedy: for this process hold the sedation points for the weak Energy Tests see page 119-124 in Energy Medicine for sedating and strengthening point.

With 3 finger notch hold the Credit card, the bill, the checkbook, the thought... Make a note of where they go weak... There may be several meridians out at once.

<u>Meridian</u>	<u>Reactive Emotion</u>	<u>Balancing Emotion</u>
Bladder Meridian	Anxiety, Futility	Courage, Hope
Kidney Meridian	Fearful isolation, shame	Movement towards others Gentleness with the self
Gallbladder	Rage, Judgmental	Tolerance, Kindness
Liver	Rage against self, guilt	Kindness toward self
Small intestine	Feeling Divided, pulled in More than one direction	Decisiveness, discernment
Heart	Heartache or Heartbreak	Love for self and others
Triple Warmer	Fight, Flight, Freeze	Feeling safe
Circulation Sex	Panic, Bewildered by choices & demands, neglecting heart's needs	Prioritizing heart's needs confidence things will work out
Stomach	Obsessive worry	Trust in the larger picture Trust in the process
Spleen	Over-compassion, anxiety about other's welfare.	Fairness towards self
Large Intestine	Controlling, holding on	Releasing
Lung	Grief, detachment	Inspiration & letting go
Central	Feeling vulnerable	Feeling centered and secure
Governing	Lacking courage to move forward, confusion	Sense of strength, clarity

Working with Priority fears

One way: have client touch the columns. If the fear is located in that column client will go weak.

Then test each fear in that column looking for the specific fear. This saves client's arm from all those tests.

Other way: Test each fear individually

Remedy: hold front and back Neurovasculars while client says the fear over and over out loud till client tests strong on that particular fear. Could be as long as 30 to 45 minutes... usually about 20 minutes is sufficient.

Priority Fears...Fear of...			
Being attractive	Undeserving of love	Laughed at	Confusion
Abandonment	Anonymity	Taking opportunities	Unworthy
Loving	Belonging	Missing opportunities	Not being wanted
Being dependent	Self-worth	Fulfilling your destiny	Not being understood
Being Loved	Freedom	Not fulfilling you destiny	Not being accepted
Being trusted	Emotional security	Talking your truth	In danger
Being Unloved	Socially acceptable	Walking your truth	Restrained
Helplessness	Change	Being an individual	Imprisoned
Dishonesty	Death	Success	Losing control
Ignored	Communication	Failure	Lack of freedom
Grief	Standing out from the crowd	Taking risks	Being dirty
Left alone	Not being adequate	Being a victim	Starving
Insanity	Misunderstood	Violence	Obesity
Rejected	Accepted for yourself	Addiction	Illness
Vulnerable	Lonely	Attention	Hunger
Personal power	Dependency upon you	Boredom	Freedom
Financial success	Being dependent	Hurt emotionally	Responsibilities
Being the Center of attention	Judgment	Hurt physically	Moving forward
Commitment	Defining boundaries	Mentally abused	Growth
Loving	Socially unacceptable	Physically abused	Achieving ambitions
Giving	Limitations	Verbally abused	Loss of independence
Receiving	Being wanted	Touch	Loss of beauty
Being Happy	Forgiveness	Ageing	Loss of youth
Relationships	Betrayed	Being ugly	Pain
Sex	Found Guilty	Illness	

Common locations to check for money issue vortexes

Crown
Forehead
Both ears
Over eyes
Heart
Solar Plexus
Base Chakra



Vortexes

Vortex energy directly impacts our abilities to manifest because vortexes influence how we perceive the world. How we feel, what we hear, what we see and what we think are impacted by the vortexes that sit over our areas of perception. If we perceive the world to be lacking and dangerous our vortex energies will find and draw energy to confirm these perceptions. If we perceive the world to be fun and easy our vortexes are on the alert for energy that confirms these perceptions.

Vortex energy, when balanced returns information to the body that is balanced. When vortex energy is imbalanced, the information that is returned to the body is imbalanced. Vortex energy passes over the border constantly. Vortex energy is one of the bridges between the metaphysical and physical realities.

There are two kinds of vortex imbalances:

Innie Vortex

An innie vortex can amplify and bury a part of the aura into the person's body hence an innie vortex.

An innie vortex impacts internal issues such as self-esteem, self-concept, inner judgment, and habits of thought. For example: an innie vortex that is out of balance might make you feel that someone is saying bad things about you because of "that look" your friend gave you in the hallway...

Outie vortex

A vortex can pull energy away from the body out through the aura and into the atmosphere hence the name outie vortex.

An outie vortex impacts how you behave in the world—with other people, in your work, in your use of free time, etc. For example: an outie vortex that is out of balance might cause a person to jump to an angry conclusion and mistakenly confront someone before they have any information about what actually happened. Shoot first, ask questions later....

Using Energy Testing to Locate a Vortex That Needs Attention

1. Place a three finger cluster (thumb and first two fingers) over the area where a vortex is suspected.
2. Energy test while the client SUCKS IN their breath.
3. If the energy SUCK IN test is weak, the client has an out of balance OUTIE VORTEX at that location.

The energy only wants to spin out, not in, so sucking in is going against its natural flow.

Suck In + Weak Test = Outie

4. If the energy test is strong, there is no outie vortex there, or if there is one, it is balanced.
5. Then, with your hand in the same location, energy test while the client is BLOWING OUT.
6. If the energy test is weak, the client has an out of balance INNIE VORTEX at that location.

The energy only wants to spin in, to be sucked in from the outside, so blowing out is going against its natural flow.

Blow Out + Weak Test = Innie

7. If the energy test is strong, there is no innie vortex there, or if there is one, it is balanced.

Correcting for a Vortex that is Out of Balance

Spin a crystal in the vortex.

Let the crystal spin back and forth several times.

End by having the crystal spin clockwise if the indicator muscle weakened on "suck in and test."

Suck + Weak Test = Outie = end clockwise spin

End by having the crystal spin counterclockwise if the indicator muscle weakened on "blow out and test."

Blow + Weak Test = Innie = end counterclockwise spin

Re-test to determine that the vortex has been balanced.

Tibetan Flow of Abundance

Qi Dao translated literally means “the path of energy” or “the flow of life force”.

Mediators, athletes, artists, often talk about a feeling called... “Being in the Zone”...“Being in the Flow”. It is that feeling of time suspended, painless; worry free existence, walking on air, invincibility. Bio chemically, this experience is controlled by the opiate center in the brain. Energetically, when people are in this endorphin rich zone, I observe that they are freely pulling into their field all the bright and supportive colors within their reach. I also note that every single energy field that comes within range is lightened and brightened. There is a generosity to these energies. They give without inhibition, and are expanded never depleted, with every exchange. Every time something is given, the giver, the one in zone, expands exponentially. I advise that when clients find themselves in this energy place ask --ESPEICALLY NOW – ASK NOW -- for their heart’s desire. When in this state there is nothing standing between them and their heart’s desire. They are floating down the river in the Tibetan Flow of Abundance. They are borderless.

There is a form of Chinese Qigong called Qi Dao. Here is a bit of info from the most famous living teacher of Qi Dao, Lama Tantrapa.

Unlike most forms of Chinese Qigong, Qi Dao does not teach methods of storing Qi or directing it where the practitioner believes it should go. **The heart of Qi Dao is paying attention to the current flow of Qi without considering it right or wrong. If the energy doesn’t appear to flow following the acupuncture charts, it still flows somewhere as long as the person is alive.** Qi Dao holds that there must be some profound reason for the energy to flow the way it flows at any given moment in time. Indeed, **the flow of things, the Dao makes no mistakes, therefore Qi simply cannot flow where it is not supposed to flow.** Qi Dao students learn to be in the flow of energy, recognizing that Qi flows exactly where it needs to flow. **They come to realize that they experience exactly what they need to experience in order to learn the lessons provided to them by their lives.** With practice, Qi Dao students learn to perceive the energy flowing through the body and simply go with the flow, which brings forth a profound sense of harmony and well being. After experiencing and anchoring that feeling of being in the flow, the students learn to pay attention to the whole spectrum of spontaneous processes occurring in both the body and the mind. Entering an altered state of mind, aptly coined “Qigong State,” offers them an opportunity to suspend discriminating logic and judgmental reasoning. In such a meditative state of mind, the students are more aware of their own true nature and receptive to their inner guidance directing them in the process of natural healing. When people encounter such symptoms as chronic pain in any part of the body, they customarily tend to focus their attention on the feeling of pain, as if it were a problem, or an energy block. **Qi Dao teaches us to shift attention from the block to the flow of energy streaming somewhere around the block, just like water flowing around an obstacle in its way.** This is not unlike resolving the inner question: **“If I were dreaming about having pain like this, what would be the meaning of such a dream?”** Qi Dao heals by facilitating the process of manifesting the dream of being healthy and pain free for each and every part of the human being. **Both the practitioners and their clients learn to accept every single experience as a lesson, rather than a problem.** This empowers them to learn to integrate all the parts of the body, mind and spirit in order to embody vibrant health and wellness.

The fastest way I know to get in the Tibetan Flow of Abundance is to ***GIVE MONEY AWAY***. The energy immediately comes in to replace the energy just moved out. Money flows from upstream, through you, and moves downstream. Holding money in any one place slows the flow. If you are frustrated with your money situation give money away. That is the ticket to get on the raft that is floating with ease down the stream. Stop bushwhacking on the sides of the river. You will probably eventually get to the same place ... only you are laboring... while there is a raft just floating effortlessly... waiting for you to get aboard.

Manfred Max-Neef

From the Outside looking in: Experiences in 'Barefoot Economics'

“Organized smallness”

This is a book about 'barefoot economics'. As Fritz Schumacher might have said: about 'economics as if people mattered' (p. 19 Max-Neef). In his field experience, which his book so vividly describes, Manfred Max-Neef has done the opposite of this~ He has made the 'invisibles' visible, by exploring the conditions and aspirations of old and young alike-even of children-and by carving out of the vastness of Latin America's world of poverty, little development principalities where, as in Liechtenstein, everything is manageable and everything is possible under the right guidance (my emphasis) because, and only because, they are small. As Marlow said, there are 'infinite riches in a little room', and as Max-Neef explains, in what in a way is his *leitmotiv*, when he writes that 'this should not be surprising because, after all, smallness is nothing but immensity on a human scale' (p. 10 Max-Neef).

Microcredit Missionary

Economics professor Muhammad Yunus wasn't afraid to turn the rules of banking upside down!

Bangladesh's Muhammad Yunus and the bank he founded, Grameen Bank, won the Nobel Peace Prize in 2006. Yunus, and the Grameen Bank, created a new category of banking by granting millions of small loans to poor people with no collateral—helping to establish the *MICROCREDIT MOVEMENT* across the developing world. On the Nobel website, the Committee said it awarded the prize to Yunus, and the Grameen Bank, "for their efforts to create economic and social benefit from below."

As a young economics professor at Chittagong University in Bangladesh in 1976, Muhammad Yunus lent \$27 out of his own pocket to a group of poor craftsmen in the nearby town of Jobra. To boost the impact of that small sum, Yunus volunteered to serve as guarantor on a larger loan from a traditional bank, kindling the idea for a village-based enterprise called the Grameen Project. It never occurred to the professor that his gesture would inspire a whole category of lending and propel him to the top of a powerful financial institution.

Today, Yunus runs Bangladesh's Grameen Bank, a leading advocate for the world's poor that has lent more than \$5.1 billion to 5.3 million people. The bank is built on Yunus' conviction that poor people can be both reliable borrowers and avid entrepreneurs. It even includes a project called Struggling Members Program that serves 55,000 beggars. Under Yunus, Grameen has spread the idea of microcredit throughout Bangladesh, Southern Asia, and the rest of the developing world.

"At first I didn't think that what I did had any significance in a broader context," he explains. But the mission keeps expanding in scale, and in the meantime, Yunus has grown intimately familiar with the unbearable dimensions of global poverty. As many as 1.2 billion people around the planet lack access to basic necessities, he explains, and microfinance could be their pathway out of despair. "Yunus and Grameen have taken a first step, which has inspired others to take a look at [microfinance] as a business," says John Tucker, deputy director of the microfinance unit at the U.N. Capital Development Fund.

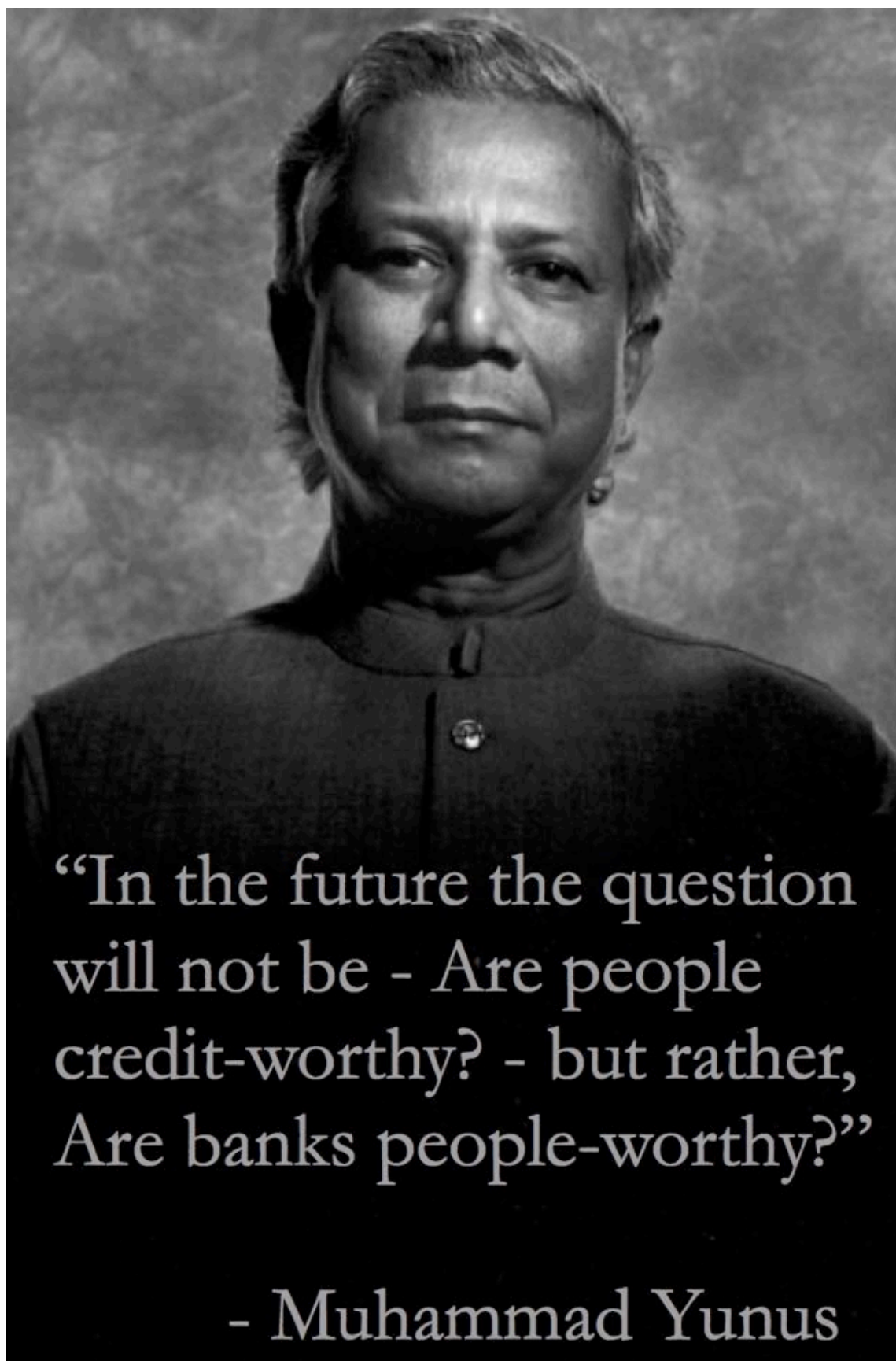
Yunus' innovation has broad appeal. In 1997 only about 7.6 million families had been served by microcredit worldwide, according to the 2005 State of the Microcredit Summit Campaign Report. As of Dec. 31, 2004, some 3,200 microcredit institutions reported reaching more than 92 million clients, according to the report. Almost 73% of them were living in dire poverty at the time of their first loan.

Classic Local Bank Model	Grameen Bank
The less you have, the less attention we will give you	If you have nothing, you get the highest priority
99% male borrowers	97% women borrowers
Clear legal documentation	Banking on the "basis of trust", with a handshake – no legal instrument, no papers
People should go to the bank	People should go to the people. Every week Grameen bankers meet 7 million people to do business at their homes.
Collateral wherever possible	No collateral
Interest rates adjusted for credit risk	Interest rates adjusted for the reality of repayment
Shareholders are institutional	Shareholders are the borrowers
Monthly chunky payments	Weekly small repayments

Soon we saw that money going to women brought much more benefit to the family than money going to the men. So we changed our policy and gave a high priority to women. As a result, now 96% of our four million borrowers in Grameen Bank are women.

QUOTE-ID.COM

Muhammad Yunus



“In the future the question will not be - Are people credit-worthy? - but rather, Are banks people-worthy?”

- Muhammad Yunus

YOU CAN STUDY WITH LAMA TANTRAPA FOR MANY
YEARS TO GET TO "THE ZONE".

YOU CAN RUN 6 MILES TO TRIGGER THE OPIATE CENTER IN YOUR BRAIN.

YOU CAN DO YOUR ENERGY EXERCISES
AND HOLD YOUR POINTS
AND MASTER TRIPLE WARMER...

OR YOU CAN DO WHAT I CALL THE:

Lazy Man's Way to the Tibetan Flow of Abundance

Give money away
Put love notes on your bills when you mail them
Get a red wallet
Gratitude journals
Tell the Truth- The WHOLE Truth
Denial is not just a River in Egypt
What is the meaning of this \$ problem?
What am I supposed to learn?
How will this make me grow?
Energize your checkbook, wallet, bank statements
Post Its with desires while throw something away

The Daily Money Energy Routine

Cross Crawl*
3 Thumps*
Hook up*
Neurolymphatics*
Crown Pull*
The Wayne Cook posture*
Tap & Flush "Your Problem Meridian"
Spin crystal over "Your Problem Vortex"
Energize your money symbol
What's the lesson?
Move something out to make for something new... don't forget the Post IT!

- If you need a refresher on these exercises, see Energy Medicine by Donna Eden, p. 86.

The Love Exchange... Could Money become the Root of all LOVE?



Here is what Spiritual Growth is: spiritual growth is allowing that which is unconscious to become conscious.

Spiritual growth is the act of bringing all that we can to our awareness. All that we can discover, and all that we can become aware of, all that we are willing to reveal, all that sits in our unconscious:

Spirituality is the act of bringing that which sits in the unconscious mind to the conscious mind.

That is being spiritual.

The real identity is the spiritual being. The real spiritual work is awareness.

We are here to unfold and become more aware of all that.

We are here to be self-actualized. We are here to sit at the top of the Abraham Maslow Hierarchy of Needs -- we are already hard wired to sit at the top of the Pyramid of Needs.

All things that support our self-actualization, our well being, our needs, are the same things that provide for our spiritual development with unaccustomed grace.

Love, peace, the joy, the wisdom, the harmony - all these are our natural state. These qualities are our birthright. It is how we are built. We are hardwired for Joy. We are hardwired for Love. These exquisite qualities and this natural state of bliss, is constantly seeking to express itself through us. As we become more awake - more aware of this progression -- we become more self-actualized.

We continue, daily, to bring that which is unconscious to our consciousness.

And as we do this work, we become courage and tender loving kindness incarnate. We step out into trusting our natural state. We are filled with complete and utter safety and wellbeing.

To grow spiritually actually means to become more aware of who you really are... and who you really are is evolutionary perfection. You are completely protected.



artist: John 'Halcyon' Styn

Money Is Love Prayer

By Barbara Wilder

Universal Divine Source,

I take this time to open myself and my life to your
abundance.

The abundance that flows freely through this honorable
universe.

The abundance that is for the many, not just the few.
The abundance that is my birthright as a divine being on
the path toward enlightenment.

Help me to learn that money is not separate from you,
but is part of you, as I am part of you, and you are
part of me.

Help me to learn that money is an integral part of my
spiritual lesson learning.

Help me to learn that money is not mine to control.
Teach me to begin to change my attitude toward money.

Teach me to see money as energy that can be
transformed into love, so that each dollar I send out into
the world flows from me on a current of love and light.

So that each dollar I send out into the world can touch
another person
with love.

As I go forth each day, help me to open my heart and
my mind to the possibility that I truly can change my
concept of money, from the negative ideas I have about
it into the concept that Money is Love.

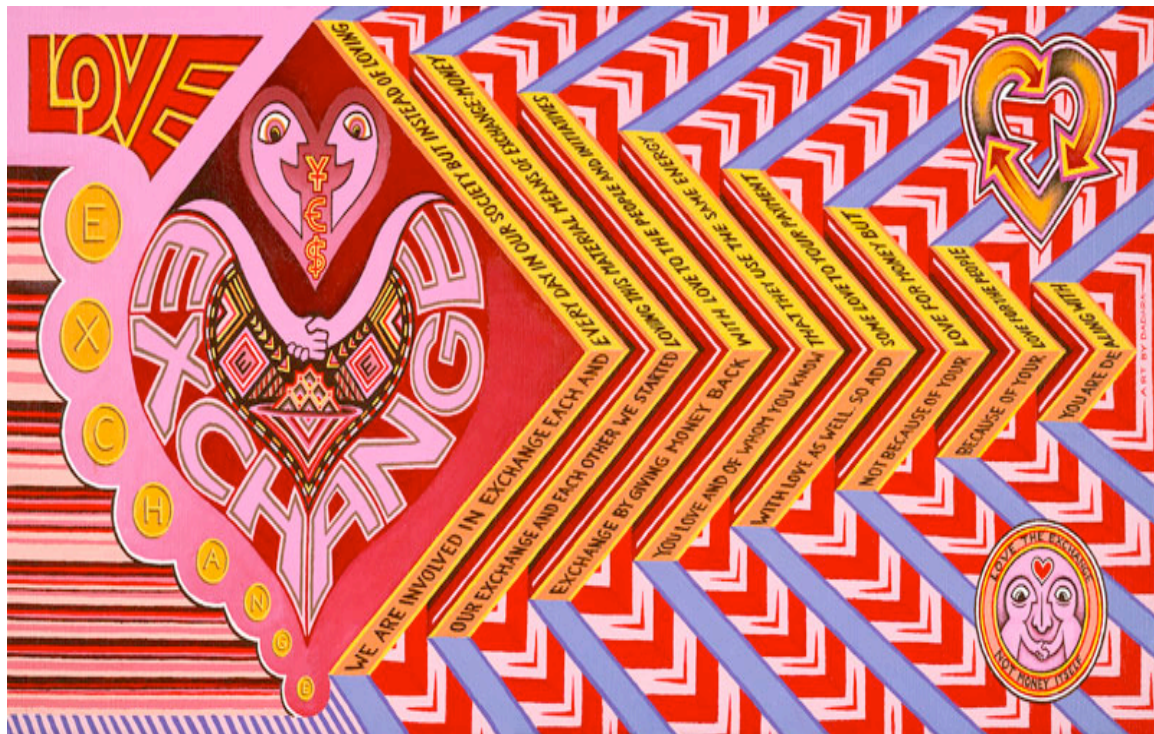
For this and all the abundance you bring into my life
each and every day, I am deeply grateful.

So be it.

Front



[Back](#)



Here is what the “bills” say:

The BACK says...

*We are involved in exchange each and every day in our society but
instead of loving
our exchange and each other we started to love this material means of
exchange: Money.*

*Exchange by giving money back with love to the people and initiative
You love and of whom you know that they use the same energy
with love as well. So add some love to your payment
not because of your love for money but
because of your love for the people
you are dealing with.
Love the exchange
not the money itself.*

The other side says:

*This bank note is personal and loving tender for all exchanges private
or public as long as they are down with love.
Could Love become the root of all Money?
In Love we Trust.*

**Heart exercise for loving money and removing
blocks**

Hold Heart 2 with your problem alarm point.

Hold for 7 slow breaths

Do both sides.

Retest.

Hold Heart 2 with Mein Mein point.

Hold for 7 slow breaths

Do both sides.

Here is why Heart 2 is powerful when it comes to receptivity from one of my very favorite writers on acupoints – Thea Elijah:

HEART 2: THE POWER SPOT

By Thea Elijah

HT-2 Qing Ling Blue-Green Spirit, Alchemical Crucible, Power Spot

There are different possible translations of HT-2 Qing Ling, some more literal than others. Worsley translates Qing Ling as Blue-Green Spirit. Qing is a color that is not exactly blue-green, but it could be blue-green, or black, or red, or any other color reflective of intense vitality. If it is new leaves growing in the spring, or dragon scales, then Qing is blue-green. If the word Qing is being used to describe the hair of a healthy Asian person, it means black. If it is describing the piece of meat that you see at the market which looks so fresh and good that you want to buy it and cook it for dinner tonight, it is red.

Ling can be translated as spirit, but it is a particular aspect of the spirit, related to but not the same as shen. It is the aspect of spirit that is yin: potent by attraction rather than by action or effort. It is the underlying power to evoke and invoke. Where does our spiritual potency come from? Not from our radiance, but from our receptivity to Heaven.

THE POWER SPOT

Qing Ling can be translated as Power Spot. Often in feng shui, the name Qing Ling is a reference to the places where potent earth energies gather, for instance a place where shamans could go in order to be able to call upon Heaven, to bring forth rain or sun or whatever is needed. Qing Ling as an acupuncture point refers to the aspect of the Heart as a Power Spot, a place of receptivity to Heaven where potent energies gather.

Many people have the experience of, when we first wake up in the morning, barely remembering our dreams. If we get up too fast, we leave our dreams behind and can't find our way back to them later. Yet if, as we leave that dream realm, we make just enough of a pause before fully awakening to connect with the dream-world, we may be able to recall our dreams completely. The place where we pause to remember our dreams is Qing Ling. It is the place in consciousness where, before leaving behind that utterly wordless place beyond thought, as I move into the outer world, I pause here on the threshold and look back for just a moment to remember what my dreams are. If I don't catch them now and I just keep sailing on down the meridian, I will have lost them forever. If I remain for just a bit longer in my Power Spot, I can stay with these potent energies, gather them into me, and they will inwardly sustain the rest of my journey.

Here is why Mein Mein or Ming Man is so helpful to love and perception from another favorite acupoint writer Jonathan Clogstoun-Wilmott...

Ming Man and the Mind

The very first texts in which Ming Men was mentioned said that it was the residence for the Mind. As time passed the Mind (Shen) became associated with the Heart and the Blood, although the *brain*, where science now considers thinking to occur, is still said to be an extension up the spine from the Kidneys.

However, Ming Men is definitely still considered to help the Heart 'house' or 'shelter' the Mind. If where the Mind is sheltering is cold and lifeless, the Mind won't be able to express its natural love of life, its health and happiness.

So the exercise with Heart 2 and your troubled Alarm Point creates receptivity.

The exercise holding Ming Man with Heart 2 calms a troubled worried mind that creates the perception distortion in the first place.

Cool eh?

Did you learn today that:

- ✓ Money IS Love!**
- ✓ Money IS the blood of the earth.**
- ✓ There is NO shortage of money.**
- ✓ Money issues can be HEALED with energy techniques.**
- ✓ Merging your metaphysical reality with your physical reality is the key!**

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George Clooney, silly picture from www.gclooney.com

Laughing Buddha on cover from www.Bighappybuddha.com The Laughing Buddha is known as the Laughing Buddha of Plenty. In Feng Shui, he is the symbol for wealth. It is believed that rubbing his tummy, which contains wealth, luck, good fortune, and joy will be yours.

Anything you can find about performance artists *John 'Halcyon' Styn*, especially his TED talk about his Grandpa.Thea Elijah, *HEART 2: THE POWER SPOT*. Online journal Whole Heart Acupuncture.

,Jonathan Clogstoun-Wilmott, *Ming Men: Gate of Vitality*, on line journal : Acupuncture Points - Chinese Medicine in English.

Barb Scholz came up with the cool name **Money Matters...** great play on words!

Addendum for EEM students

Ming Mein Point Treatment

The Point: Deep Belt Flow treatment

Why: To be sure your big hearts get grounded in the earth and
don't gum up Solar Plexus!

How: First: Clear the MM point like a Chakra... counter clockwise only.
Hold MM with the palm of one hand and hold navel with the palm of other hand. Hold a
while... maybe 10 minutes and then deeply pull with both hands from MM around front
towards navel and cross down the legs and off the feet.

Assemblage Point Work

The Point: Clear & expand & correct your perceptions of the world.

Why: To perceive the world as abundant and flowing.

How: You know how if you know how.

21-Day Program

The Point: To alter & ease the HABIT of fear & lack in the system

Why: Check for other layers of Priority Fears as you heal

How: Test daily on Priority Fear Chart to see if there is another layer that has presented.
If there is another layer refer back to Priority Fear treatment.

You can also do the Alarm Point/Stress Holding Point test and ease the stress out of your
system. Feel free to use all the wonderful ways you know how to balance that
Alarm/Stress Holding Point.

Spin the crystal over your problem vortex.
Good idea to get vortices checked while the energies are shifting.

Handy Tricks

If you are afraid to spend money that you need to spend (bald tires, roof leaks, etc.) hold the **SECOND POINTS** for Large Intestine on the back of one hand, while, with your other hand, hold the adrenal points for about 2 – 3 minutes.

Test purchases against Spleen like you would a food or supplement.
If Spleen test weak...

The purchase will probably create anxiety in the system.

Delay the purchase -- if possible -- until Spleen is on board.

If you can't delay... like fixing an expensive car issue,
Hold NV to work on the stress.

Remember; don't let money issues stress you.
Do your work to disconnect the link between money & stress
& Triple Warmer in your body.

Do what you can do to keep Spleen strong in stressful \$ situations.

If you are an impulsive shopper, and a spend freak,
rub the Small Intestine NL along the rib cage.

Check to see if there is any doubt...

Remember to ask: Is this a DEFINITE YES?

If it is not a definite YES

It is a definite NO!

Does this item/purchase
EXAPND ME or CONTRACT ME?



About Dr. Sara Allen...

Dr. Sara is a doctorate level holistic health practitioner. She has studied extensively food as medicine as well as supplemental & herbal medicine. Her specialty is a particular self-brand of energy medicine – best described as a combination of ancient Chinese and East Indian modalities that are systematized via energy kinesiology. She is deeply skilled in Eden Energy Medicine, Pranic Healing, Touch for Health, EFT, Advanced Psych-K, Animal Energy Medicine, and she just cannot stop talking about the fascinating world of German New Medicine.

Dr. Sara is a certified trainer in Leadership Effectiveness Training, better known by its acronym L.E.T., with Gordon Training International. LET is a Rogerian based system of communicating and understanding the complex world of feelings and needs. It is a beautiful and versatile tool that enables practitioners to gently tease out and discern the root emotions causing conflicts within the psyche and in relationships. Dr. Allen also teaches LET skills in the corporate world to ease conflict and enhance productivity in the work place. She also teaches P.E.T. – Parent Effectiveness Training to anyone raising humans. PET teaches skills to parents and children to create peace, cooperation and individuation between parents and the children who are raising them.

Dr. Sara has a private energy medicine practice in Asheville, NC. She is senior/founding faculty at the Eden Energy Medicine School. Dr. Sara also sits on faculty at the European Energy Medicine School in London. She is the Educational Director for the Central Region Eden School in Chicago and runs the Eden Fundamentals Program in Asheville, NC.

Dr. Sara's training, and over 30,000 hours of clinical experience, have resulted in a masterful blend of skill and intuitive understanding of the client's needs. She also understands the practitioner's needs. As a result, she is in high demand as a mentor to the advanced energy medicine student. Her experience and success create outstanding classroom experiences for both the novice and advanced student/practitioner.

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